

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:45 MC Hymn Sing 10:00 Seated Movement Therapy w/ Ginger 10:00 Walmart 12:45 Bridge 1:00 Men's Bible Study 1:00 Women's Bible Study 6:00 Hand & Foot Canasta 6:30 Big Band!	2 9:00 Prayer & Devotion 10:00 Catholic Communion 10:45 Exercise w/ Tina 1:00 Oktoberfest w/ Susan 2:30 BINGO! 3:30 Intercessory Prayer 4:30 Piano with Wayne 6:00 Blackjack!	3 8:45 Fancy Nails! 10:30 Sit & Be Fit Exercise 1:00 Free Paint Hour 2:00 Crafts with Guin 3:00 Needlers 6:00 RL Bingo
4 8:00 St. Francis Church 8:30 Piano with Shirley 9:00 Sunday Service 1:00 Movie Matinee 1:00 Meditation Time 2:00 Sunday Drive 2:25 Broncos vs 49ers 6:00 Group Game Time!	5 8:45 Fancy Nails! 9:30 Wake Up Wordsearch 10:00 Banks & Post Office 10:30 Chair Tai Chi w/ Kris 1:00 Kings & Dollar Tree 1:00 Rummikub 2:30 BINGO! 6:00 Hand & Foot Canasta	6 9:00 PACE Acupuncture 10:00 Fall Colors Drive 10:30 Chair Tai Chi w/ Kris 1:00 Activities Town Hall 2:00 AL Town Hall 3:00 IL Town Hall 4:00 Catholic Rosary 6:00 Music with Bud!	7 9:30 Cozy Cup Club! 10:45 Exercise w/ Tina 1:00 Painting with Sharon 1:00 Coed Bible Study 1:00 RL Pinochle 3:00 Needlers 6:00 Poker!	8 8:45 MC Hymn Sing 10:00 Seated Movement Therapy w/ Ginger 10:00 Walmart 12:45 Bridge 1:00 Men's Bible Study 1:00 Women's Bible Study 2:30 Music with Tony Zain 6:00 Hand & Foot Canasta	9 9:00 Prayer & Devotion 10:00 Catholic Communion 10:45 Exercise w/ Tina 1:00 Tech Workshop 1:00 Rummikub 2:30 BINGO! 3:30 Intercessory Prayer 4:30 Piano with Wayne 6:00 Blackjack!	10 8:45 Fancy Nails! 10:00 Bethesda Monument Fall Festival 10:30 HAS Fit Exercise 1:00 Free Paint Hour 2:00 Music with Guin 3:00 Needlers 6:00 RL Bingo
11 8:00 St. Francis Church 8:30 Piano with Shirley 9:00 Sunday Service 1:00 Cake Decorating with Haley 1:00 Movie Matinee 1:00 Meditation Time 2:05 Broncos vs. Chargers 6:00 Group Game Time!	12 8:45 Fancy Nails! 9:30 Sweet Treat & Sudoku 10:30 Chair Tai Chi w/ Kris 1:00 Safeway 1:00 Rummikub 2:30 BINGO! 6:00 Hand & Foot Canasta	13 Breast Cancer wear Pink 9:00 PACE Acupuncture 10:00 Mobile Library 10:00 Catholic Mass 10:30 Chair Tai Chi w/ Kris 1:00 Sudoku 2:30 Jewelry with Rita 4:00 Catholic Rosary 6:00 Movie Night	14 9:30 Cozy Cup Club! 10:45 Exercise w/ Tina 11:30 Ladies Tea Party 1:00 Painting with Sharon 1:00 RL Pinochle 3:00 Needlers 6:00 Poker!	15 8:45 MC Hymn Sing 10:00 Seated Movement Therapy w/ Ginger 10:00 Walmart 12:45 Bridge 1:00 Men's Bible Study 1:00 Women's Bible Study 2:30 Music w/ Randy Mac 6:00 Hand & Foot Canasta	16 9:00 Prayer & Devotion 9:30 Living with Low Vision 10:00 Catholic Communion 10:45 Exercise w/ Tina 1:00 Scenic Drive XL 1:00 Rummikub 2:30 BINGO! 3:30 Intercessory Prayer 4:30 Piano with Wayne 6:00 Blackjack!	17 8:45 Fancy Nails! 10:30 Sit & Be Fit Exercise 1:00 Free Paint Hour 2:00 Crafts with Guin 3:00 Needlers 6:00 RL Bingo 6:00 Movie Night
18 8:00 St. Francis Church 8:30 Piano with Shirley 9:00 Sunday Service 1:00 Documentary 1:00 Meditation Time 2:00 Sunday Drive 6:00 Group Game Time!	19 8:45 Fancy Nails! 9:30 Coffee & Crosswords 10:00 Banks & Post Office 10:30 Chair Tai Chi w/ Kris 1:00 Hymns with Gordon 1:00 Kings & Dollar Tree 1:00 Rummikub 2:30 BINGO! 6:00 Hand & Foot Canasta	20 9:00 PACE Acupuncture 10:30 Chair Tai Chi w/ Kris 1:00 Group Crosswords 2:30 Movie Matinee 4:00 Catholic Rosary 6:00 Movie Night	21 9:30 Cozy Cup Club! 10:45 Exercise w/ Tina 1:00 Painting with Sharon 1:00 Coed Bible Study 1:00 RL Pinochle 2:30 RL BINGO 3:00 Needlers 6:00 Poker	22 8:45 MC Hymn Sing 10:00 Seated Movement Therapy w/ Ginger 10:00 Walmart 12:45 Bridge 1:00 Men's Bible Study 1:00 Women's Bible Study 2:30 October Birthdays! 6:00 Hand & Foot Canasta	23 9:00 Prayer & Devotion 10:00 Catholic Communion 10:45 Exercise w/ Tina 1:00 Bath & Body Works 2:00 Dining Services Meeting 2:30 BINGO! 3:30 Intercessory Prayer 4:30 Piano with Wayne 6:00 Blackjack!	24 8:45 Fancy Nails! 10:30 HAS Fit Exercise 1:00 Free Paint Hour 2:00 Radio Show 3:00 Needlers 3:15 Music with David 6:00 RL Bingo
25 8:00 St. Francis Church 8:30 Piano with Shirley 9:00 Sunday Service 1:00 Meditation Time 1:00 Music with Emily 2:00 Sunday Drive 2:05 Broncos vs. Cardinals 6:00 Group Game Time!	26 8:45 Fancy Nails! 9:30 Coffee & Coloring 10:30 Chair Tai Chi w/ Kris 1:00 Safeway 1:00 Rummikub 2:30 BINGO! 6:00 Hand & Foot Canasta	27 9:00 PACE Acupuncture 10:00 The Arc 10:00 Mobile Library 10:00 Catholic Mass 10:30 Chair Tai Chi w/ Kris 1:00 Low Vision Support Group 4:00 Catholic Rosary 6:00 Movie Night	28 9:30 Cozy Cup Club! 10:45 Exercise w/ Tina 11:30 Cheddars 1:00 Painting with Sharon 1:00 RL Pinochle 3:00 Needlers 6:00 Poker!	29 8:45 MC Hymn Sing 10:00 Seated Movement Therapy w/ Ginger 10:00 Walmart 12:45 Bridge 1:00 Men's Bible Study 1:00 Women's Bible Study 2:30 Halloween Party! 6:00 Hand & Foot Canasta	30 9:00 Prayer & Devotion 10:00 Catholic Communion 10:45 Exercise w/ Tina 1:00 Who Gives a Scrap 1:00 Rummikub 2:30 BINGO! 3:30 Intercessory Prayer 4:30 Piano with Wayne 6:00 Blackjack!	31 8:45 Fancy Nails! 10:30 Sit & Be Fit Exercise 2:30 Young Cellists 3:00 Needlers 3:30 Trick or Treat 6:00 RL Bingo 6:00 Movie Night Halloween

Please note all calendars are subject to change.