

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **9:30 - Spooky Halloween Chocolate** **10:00 -** Group Exercise **10:30 -** Witch on Broom Handprint Art **1:30 -** Live Exercise **2:30 -** Advanced Bingo **3:45 -** Dominoes double 6	2 **9:00 - Halloween Chocolate Bar** **9:30 -** Group Exercise **10:00 -** Halloween Nails Color **1:30 -** Making Halloween Cookies **2:30 -** Advanced Bingo **5:00 -** Afternoon Movie & Popcorn	3 **9:00 -** Coffee w/friends **10:00 -** Morning Stretch **10:30 -** Healing Massage **1:30 -** Live Exercise **2:30 -** Regular Bingo **3:45 -** Giant Yard Pong Simchat Torah Begins
4 **9:00 -** Catholic Mass Channel 7 **10:00 -** Communion **10:30 -** Seated Chair Exercise **1:00 -** Football Sunday **2:30 -** Regular Bingo **3:45 -** Billiard	5 **9:15 -** Morning Hot Chocolate **9;30 -** Seated Exercise **10:45 - Make a Pinecone Owl** **1:30 -** Live "Sit & be Fit" **2:30 -** Advanced Bingo **3:45 -** 21 Candy bar Poker	6 **9:00 -** Coffee Social w/Friends **9:15 -** Seated Exercise **9:30 - Dollar Tree** **10:00 -** Rosary Prayers **1:30 -** Bible Study w/ Pastor Reginald **2:30 -** Advanced Bingo	7 **8:15 -** Fry's **9:30 -** Group Exercise **10:15 -** Open games **1:30 - Town Hall** **2:30 -** Advanced Bingo **3:30 -** Halloween Movie **"Hocus Pocus"**	8 **9:30 - Spiritful Hot Chocolate** **10:00 -** Group Exercise **10:15 -** Spooky Halloween Art **1:30 -** Live Exercise **2:30 -** October Birthday Party **3:45 -** Dominoes double 6	9 **9:00 - Halloween Chocolate Bar** **9:30 -** Group Exercise **10:00 -** Halloween Nails Color **1:30 - Bingo Store** **2:30 -** Advanced Bingo **5:00 -** Afternoon Movie & Popcorn	10 **9:00 -** Coffee w/friends **10:00 -** Morning Stretch **10:30 -** Healing Massage **1:30 -** Live Exercise **2:30 -** Regular Bingo **3:45 -** Giant Yard Pong
11 **9:00 -** Catholic Mass Channel 7 **10:00 -** Communion **10:30 -** Seated Chair Exercise **1:00 -** Football Sunday **2:30 -** Regular Bingo **3:45 -** Billiard	12 **9:15 -** Morning Hot Chocolate **9;30 -** Seated Exercise **10:45 - Make a Pinecone Owl** **1:30 -** Live "Sit & be Fit" **2:30 -** Advanced Bingo **3:45 -** 21 Candy bar Poker Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 **9:00 -** Coffee Social w/Friends **9:15 -** Seated Exercise **10:00 -** Rosary Prayers **10:30 - Craker Barrel Restaurant** **1:30 -** Bible Study w/ Pastor Reginald **2:30 -** Advanced Bingo	14 **8:15 -** Walmart **9:30 -** Group Exercise **10:15 -** Open games **1:30 - Calendar Planning** **2:30 -** Advanced Bingo **3:30 -** Halloween Movie **"Halloweentown"**	15 **9:30 - Spooky Halloween Chocolate** **10:00 -** Veteran Coffee **10:15 -** Ghost in the Doorway Canvas **1:30 -** Live Exercise **2:30 -** Advanced Bingo **3:45 -** Dominoes double 6	16 **9:00 - Halloween Chocolate Bar** **9:30 -** Group Exercise **10:00 -** Pumpkin Patch Nails **1:30 -** Making Halloween Cookies **2:30 -** Advanced Bingo **5:00 -** Afternoon Movie & Popcorn	17 **9:00 -** Coffee w/friends **10:00 -** Morning Stretch **10:30 -** Healing Massage **1:30 -** Live Exercise **2:30 -** Regular Bingo **3:45 -** Giant Yard Pong
18 **9:00 -** Catholic Mass Channel 7 **10:00 -** Communion **10:30 -** Seated Chair Exercise **1:00 -** Football Sunday **2:30 -** Regular Bingo **3:45 -** Billiard	19 **9:15 -** Morning Hot Chocolate **9;30 -** Seated Exercise **10:45 - Make a Pinecone Owl** **1:30 -** Live "Sit & be Fit" **2:30 -** Advanced Bingo **3:45 -** 21 Candy bar Poker	20 **9:00 -** Coffee Social w/Friends **9:15 -** Seated Exercise **9:30 - Ross/Goodwill** **10:00 -** Rosary Prayers **1:30 -** Bible Study w/ Pastor Reginald **2:30 -** Advanced Bingo	21 **8:15 -** Target **9:30 -** Group Exercise **10:15 -** Open games **1:30 -Food for Thought** **2:30 -** Advanced Bingo **3:30 -** Halloween Movie **Don't look under the bed**	22 **9:30 - Spiritful Hot Chocolate** **9:45 -** Group Exercise **10:00 -** Spooky Eyeball Bracelet **1:30 -** Live Exercise **2:30 -** Advanced Bingo **3:45 -** Dominoes double 6	23 **9:00 - Halloween Chocolate Bar** **9:30 -** Group Exercise **10:00 -** Halloween Nails Color **1:30 -** GiGi Therapy Dog **2:00 -** Piano music w/Krystal **2:30 -** Bingo w/Krystal **5:00 -** Afternoon Movie & Popcorn	24 **9:00 -** Coffee w/friends **10:00 -** Morning Stretch **10:30 -** Healing Massage **1:30 -** Live Exercise **2:30 -** Regular Bingo **3:45 -** Giant Yard Pong
25 **9:00 -** Catholic Mass Channel 7 **10:00 -** Communion **10:30 -** Seated Chair Exercise **1:00 -** Football Sunday **2:30 -** Regular Bingo **3:45 -** Billiard	26 **9:15 -** Morning Hot Chocolate **9;30 -** Seated Exercise **10:45 - Make a Pinecone Owl** **1:30 -** Live "Sit & be Fit" **2:30 -** Advanced Bingo **3:45 -** 21 Candy bar Poker	27 **9:00 -** Coffee Social w/Friends **9:15 -** Seated Exercise **10:00 -** Rosary Prayers **10:30 - Chino Bandido Restaurant** **1:30 -** Bible Study w/ Pastor Reginald **2:30 -** Advanced Bingo	28 **8:15 -** Safeway **9:30 -** Group Exercise **10:15 -** Open games **1:30 - Staff meeting** **1:45 -** Independent Games in the Bistro **3:30 -** Regular Bingo	29 **9:30 -** Group Exercise **10:00 -** Independent Games **1:30 -** Uno card games **2:30 -** King in the Corner **4:00 - Halloween Party** **Join us to vote for your favorite carved Pumpkin, Costume Contest, Decorated Halloween Door Contest & Bingo Halloween**	30 **9:00 - Morning Hot Chocolate** **9:30 -** Group Exercise **10:00 -** Pumpkin Patch Nails **1:30 -** Live exercise **2:30 -** Advanced Bingo **5:00 -** Afternoon Movie & Popcorn	31 **9:00 -** Coffee w/friends **10:00 -** Morning Stretch **10:30 -** Healing Massage **1:30 -** Live Exercise **2:30 -** Regular Bingo **3:45 -** Giant Yard Pong Halloween