Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Worship in Activity Room 11:00 Come Sing Hymns 1:00 Game Day 3:00 Games in Activity Room 4:00 20 Questions 5:30 Puzzles Daylight Saving Time Ends	2 10:00 Chair Exercises 10:30 Gardening to the park 1:00 Board Games 2:30 Crafts 3:00 Squishy Ball Baseball 6:00 Puzzles	3 9:00 Communion w/St. Maria Goretti 10:30 Kroger's 11:00 Puzzle in the Library 2:30 Afternoon Quiz 3:00 Pretty Hands 5:30 Puzzles	4 10:00 Chair Exercises 10:45 Ring Toss 1:00 Bible Study w/Virgil 2:00 Quiz Show 2:30 Dance Party 5:00 Movies	5 10:30 Chair Exercises 11:00 Outside Walk 1:00 Games 2:30 Bingo 3:30 20 Questions 5:00 Puzzles	6 10:00 Chair Exercises 10:30 Balloon Volleyball 11:00 Lunch Bunch 1:00 GH w/Luz in Library 3:00 WHO'S WHO GAME 4:00 New Game Friday	7 10:00 Games 11:30 Outside Walk 11:00 Puzzles 1:30 Crafts w/Susana 2:00 Stretching 6:00 Puzzles
8 10:30 Worship in Activity Room 11:00 Come Sing Hymns 1:00 Game Day 3:00 Games in Activity Room 4:00 20 Questions 5:30 Puzzles Diwali (Hindi)	9 10:00 Chair Exercises 10:30 Gardening to the park 1:00 Board Games 2:30 Crafts 3:00 Squishy Ball Baseball 6:00 Puzzles	10 9:00 Communion w/St. Maria Goretti 10:30 Chair Exercises 11:00 Puzzle in the Library 2:30 Art Class 3:00 Pretty Hands 5:30 Puzzles	11 VETERAN'S DAY On Veteran's Day we honor all Who answered the call to service you stood tall in defense of our Freedoms, and today ,we stand united in gratitude for all that you GAVE! 10:00 Chair Exercises 10:45 Ring Toss 1:00 Bible Study w/Virgil 2:00 Cards 2:30 Eastside Resident's Park Sit and Chat 5:00 Movies	12 1000 Chair Exercises 10:30 Balloon Volleyball 11:00 Coffee w/Friends 1:00 Games 3:00 BINGO 5:30 Movies	13 10:00 Chair Exercises 10:30 Squishy Ball 11:00 Drawing Class 1:00 GH w/Luz in Library 3:00 WHO'S WHO GAME 4:00 New Game Friday	14 10:00 Games 11:30 Outside Walk 11:00 Puzzles 1:30 Crafts w/Susana 2:00 Stretching 6:00 Puzzles
15 10:30 Worship in Activity Room 11:00 Come Sing Hymns 1:00 Game Day 3:00 Games in Activity Room 4:00 20 Questions 5:30 Puzzles	16 10:00 Chair Exercises 10:30 Gardening to the park 11:00 Small Groups Games 2:30 Crafts 2:30 Art Class 5:30 Movies	17 9am Communion /St. Maria Goretti 10:30 Chair Exercises 11:00 Puzzle in the Library 2:30 Residents Council 3:00 Art Class 5pm Puzzles	18 10:00 Chair Exercises 10:30 Town Hall 1:00 Bible Study w/Virgil 2:30 Quiz Show 3:00 Shared History 5:30 Movies	19 10:00 Chair Exercises 10:30 Bowling 11:00 Outside Walk 1:30 Culinary Chat 2:00 Music w/ Ric 5:30 Cards	20 10:00 Chair Exercises 10:30 Cards 1:30 Afternoon Stretching 2:30 Art Class 3:30 WHO'S WHO GAME 4:00 New Game Friday	21 10:00 Games 11:00 Outside Walk 11:30Puzzles 1:30 Crafts w/Susana 2:30 Stretching 6:00Puzzles
22 10:30 Worship in Activity Room 11:00 Come Sing Hymns 1:00 Game Day 3:00 Games in Activity Room 4:00 20 Questions 5:30 Puzzles	23 10:00 Chair Exercises 10:30 Games with Staff 11:00 Gardening to the park 2:00 Bethesda Family Feud 3:00 Art Class 5:30 Movies	24 9:00 Communion w/St. Maria Goretti 10:00 Water and Hydration 10:30 Walmart 11:00 Puzzle in the Library 2:30 Pretty Hands 3:00 Balloon Volleyball 5:30 Puzzles	25 10:00 Chair Exercises 10:45 Ring Toss 1:00 Bible Study w/Virgil 2:00 Cards 2:30 Shared History 3:00 BINGO 5:30 Movies	26 10:00 Chair Exercises 10:30 Crafts 11:00 Games 1:00 Small Groups 3:00 Cards 5:30 Evening with Music Thanksgiving Day (U.S.)	27 10:00 Chair Exercises 10:30 Squishy Ball 11:00 Drawing Class 1:00 GH w/Luz in Library 3:00 WHO'S WHO GAME 4:00 New Game Friday	28 10am Games 11am Outside Walk 11am Puzzles 1:30 Crafts w/Susana 2pm Stretching 6pm Puzzles
29 10:30 Worship in Activity Room 11:00 Come Sing Hymns 1:00 Game Day 3:00 Games in Activity Room 4:00 20 Questions 5:30 Puzzles	30 10:00 Chair Exercises 10:30 Games with Staff 11:00 Gardening to the park 2:00 Bethesda Family Feud 2:30 Art Class 5:30 Movies	Sheila 11/05, Stephen 11/08, Alice 11/11, Robert 11/19, Pat M 11/20, Happy November Birthday 2026 Virgil 11/23, Cynthia 11/25, Minnie 11/25, Arlene 11/28				

Bethesda Gardens • 1103 W. Arkansas Ln., Arlington, TX 76013 • 817-522-7012

PLEASE NOTE: TIMES & ACTIVITES ARE ALL SUBJECT TO CHANGE, All OUTING ARE SUBJECT TO WEATHER